



OLD COLLEGIANS RUGBY UNION CLUB

Trogenza Times

2nd October 2018

Club Notices and Important Dates



Annual General Meeting:

Please be advised that the Annual General Meeting for the Old Collegians Rugby Union Football Club will be held in the Club Rooms on **Monday 10th December** @ 7.30pm.

For the purposes of presentations of the officers' reports, annual accounts and balance sheet, for the election of new Life Members and for the election of officers and selectors. Financial social members, financial playing members and life members are entitled to attend and vote at the meeting.



2019 Committee and Life Membership Nominations

Nominations for Life Membership and 2019 Committee should be submitted Please send to the Secretary by 30th November.

Nominations forms are available from the Secretary. Email: secretary@oldcolls.org.au



Christmas Celebrations

Come and join us for our OC Christmas Celebration on a Sunday afternoon early in December. More details to follow.



Club Room Open Times

Reminder that the Club Rooms will be open each Thursday evening from 6.30pm until the Christmas Function in December. Join us for a drink and a chat!!!!

Old Collegians Rugby Union Football Club

Vision Statement:

To be South Australia's leading and most innovative Rugby Union Club, a strong community based club with a spirited culture.

Mission Statement :

To build a framework that delivers sustainable, long-term success on and off the pitch for Old Collegians Rugby Union Football Club by including, engaging, encouraging and supporting all Club members and supporters in every aspect of the Club

Values:

- Inclusivity
- Loyalty
- Honesty
- Accountability

Old Collegians RUFC is pleased to be developing a long-term partnership with Regis Burnside that will see Regis become a part of our rugby community in 2019 and beyond.

To kick-off the partnership, Regis Burnside is inviting Old Collegians families to join them next Friday 5th October for the opening of their new park and garden's area, Linden Gardens, from across the road from the Club from 1200pm - 200pm.

This is a free family event with a petting zoo, jumping castle, fairy floss and more! A perfect way to occupy the kids for a few hours during the holidays.

Please support the event if you can! Flyer attached.

Let Sue know if you are able to make it and we'll pass numbers onto the Regis

RSVP:
Sue Thewlis
secretary@oldcolls.org.au

REGIS BURNSIDE YOU'RE INVITED!

12PM – 2PM FRIDAY 5 OCTOBER

Its school holidays so come enjoy the opening of our park 'Linden Gardens' at Regis Burnside.

Great family fun day – and its free! Enjoy activities, fairy floss, petting zoo, giant jumping castle and more.

RSVP: Lena on 8388 1944 or
email burnsidecsm@regis.com.au



Regis Burnside
Sturdee Street, Linden Park
advice@regis.com.au
www.regis.com.au

1300 998 100

Regis Burnside offers premium aged care accommodation in the heart of Linden Park. The creation and opening of 'Linden Gardens' is our latest innovation in providing lifestyle and activity options for our residents and their families.

This open space is available for our neighbours to enjoy as well – a great spot to kick the footy, have a BBQ, take a walk or just relax. You never know, you might make a new friend of one of our residents as they enjoy a stroll around the paths.

We are part of your community – drop in any time and have a look around!

EMPLOYMENT
AND VOLUNTEER
OPPORTUNITIES
AVAILABLE
Come down and
meet us on-site



PLAY TOUCH FOOTBALL

Demons Touch Football
and

Old Collegians

Summer Season 2018

Start 18th October from 6.30 pm

Mixed Competition

(9 Rounds incl Finals)



Tregenza Oval

26 Laurel Avenue, Linden Park SA 5065

Contact Bill Sheeky at dtfchairperson@gmail.com
or 0422 746 586





What those dedicated faces behind your club actually do can so easily be taken for granted - Rebecca Baker

BELIEVE it or not, being part of a sports club - and this includes in a volunteer capacity - reportedly gives you the same energy boost as getting a pay rise.

And we're told there are copious other benefits to putting up your hand to help out.

You'll live a healthier lifestyle, be more community-oriented and report higher levels of happiness and satisfaction than those who don't volunteer.

It's apparently good for our personal growth and development too, and will help boost our confidence, self-esteem, ability to speak to groups, manage budgets and organise events among a plethora of other things.

What's more it'll remind us we are needed. Not to mention give us the chance to work alongside stalwarts with names such as Hank, Reg, Bazza, Digger, Roof and Woizzer.

(Just google 'why volunteering in sport is good for you' and you'll find plenty of reasons why, by helping others, you'll be helping yourself.)

But arguably, most importantly, it'll provide an insight into just what those longstanding, dedicated faces behind your child's beloved sports club actually do, which can so easily be taken for granted.

Recently, I've had a rude awakening in just this.

For years, the cricket club where my boys are involved has run smoothly thanks largely to the efforts of just one man who has almost single-handedly organised registrations, made up teams, sourced ovals, attended delegate meetings ... he's pretty much done whatever has been needed to ensure 150-odd youngsters get to play the sport they love every week-



end. He's done it quietly without any fanfare and I've no doubt he has copped some criticism and abuse along the way for not putting certain kids in certain teams, and for putting certain kids in certain teams.

This year he has moved away from the role, meaning it's up to others to step up and take on some of the many roles he so seamlessly filled.

The first time a call went out for help, I conveniently 'overlooked' the email.

The next time, my country-girl upbringing got the better of me and I responded, albeit I've got to admit reluctantly, to the 'we're still looking for help on the junior committee' call-out, thinking perhaps I could help order a few uniforms.

Yeah, no. I ought to have remembered what happened several years back when I ticked the box to say I was happy to help out at school cricket (thinking I could organise the weekly orange ros-

ter) only to be catapulted into a coaching role, despite my lack of sporting prowess or knowledge of the game.

Or the experience of a friend who volunteered over winter to help at her partner's footy club, covering the junior competition also, only to find her day job pale into insignificance compared to the sporting, and unpaid, demands.

"I think everyone talks at sports clubs about how a handful of people do all the work but I think it's more than that, I think there is a lack of understanding about what the work actually is," she tells me.

She refers to a 'handful of mysterious people' who worked to ensure the club ran smoothly and admits to being frustrated by parents who'd drop their kids off, only to use the time to do 'other jobs' such shop, coffee with friends - without kids of her own, it was particularly noticeable.

A different friend, who spends several hours each

week working behind the scenes at her children's sporting club, agrees volunteers are too often under-appreciated.

"I just don't think people realise how many hours I spend trying to make sure all our members get all the information they need," she says.

"When something goes wrong, they are quick to criticise and that can really hurt."

It's a point well worth remembering. That those who have put up their hand to help in some way are just like the rest of us, trying to juggle families, work and everyday life.

And you can help by supporting them in any way you can, even if it is simply responding to an email or text you've received.

I've certainly found a newfound respect, admiration - and awe - for the man who has worked so tirelessly for our club for so many years.

As for me, I'll gladly take the pay rise over any feeling of goodwill from volunteering.

HARD SLOG: A lot of volunteer work goes on behind the scenes to enable sports clubs to take the field.

Play Touch Football

JUNIOR TOUCH

Summer Season 2018

Come N' Try/Rego Day Thurs 11th Oct

5:00pm - 6:30pm

Mixed Competition Ages 7 - 13

Demons Touch Football and Old Collegians
Tregenza Oval

26 Laurel Avenue, Linden Park SA 5065

Contact Bill Sheeky at dtfachairperson@gmail.com
or 0422 746 586



Junior Players at the Gold Coast

Good Luck and Congratulations to Old Collegians **Carl Arnold** (Victoria U15s) & **Willem Pienaar** (Brisbane U15s) who will face off against each other during the U15 Gold Cup for their adopted states.

Good Luck and fly the Old Collegians flag loud and proud.

Congratulations to **Tane Pardoe** from Old Collegians who takes the field for Queensland U16s in the forthcoming U16 National Tournament also held at The Southport School running from the 29th September 2018 to 6th October 2018.

Go Tane - Great Achievement

Team mates from Old Colls part of the South Australian Under 23's team who played against Tasmania.

Brad Killick, Luke Clifton, Joel Pepper and Ruan Fourie



Congratulations to our Under 12's

Congratulations to all the Old Collegians U12's selected to represent a regional South Australia team on Saturday 22nd September at Bailey Reserve.

There were some great rugby played and it was fantastic to see Old Collegians players in both the Central and the Northern team.

Congratulations to the Southern Team for winning the competition and to our own **Lachie Bell** on winning the trophy for the Best Forward of the Tournament.



Old Collegians Merchandise

OC Dress Shirts

Fabulous quality !
Fine Blue and White check with OC logo on left side.
Men—Long or Short Sleeves!
Women's shirt has 3/4 sleeve.

Men's and Women's styles (women's has fitted styling)

All sizes available—Men's S to 5XL
Women's sizes—6 to 24
Ordering details will follow shortly.



Please note the new colour and price of the Dress Shirts!

Mid Blue with Red Logo



Stubby Holder

Available Now! **\$10.00**

Metal Drink Bottles

\$20 each. You can purchase a second or third bottle at \$18 each.

OC Bucket Hat

The very popular Bucket Hat is back!

\$20 each.

Get yours now before they all go!

OC Cap

\$20 each. Great quality cap!

All of these items are available **NOW**.

Ask at the Bar or the Canteen

We encourage all members to add this great shirt to your wardrobe.



Elizabeth 7's Competition



Come and watch our Ladies Team in action at Womma Reserve, home of the Elizabeth Rugby Union Club.



Old Collegians 2018 Business Partners



Lean Business
Solutions
Australia

rob@lbsa.com.au



PyperLeaker
surveying services

www.pyperleaker.com.au



AVV MILLENNIUM
CALISTHENICS CLUB

Millennium
Academy of Dance

AVV
ALL STARS
Cheer and Dance



PICKARD
TRADE CENTRE

www.pickardgroup.com.au



HALLETT
CONCRETE

hallett@hallettconcrete.com.au



THE
FEATHERS
HOTEL

www.matthewshotels.com.au/feathershotel



BELLARC

www.bellarc.com.au



SPECIALTY
FOODS

SPECIALTY FOODS

enquiry@specialtyfoods.com.au



Bakers
Delight

Glenside



GEORGE'S
Folly

BY MOCATTA VINEYARDS



SYNACO

globalrecruitment

www.synacoglobal.com.au

TURNER.

rowan.mein@turnerreal-estate.com.au



O'Neills®
1918

THE CHOICE OF CHAMPIONS

www.oneills.com


eight
at
the gate

SINGLE VINEYARD · PREMIUM WINES

WRATTONBULLY



S Ramm Constructions
You Dream it, We build it
Shayne Ramm - 0412 695 836



PES PAINT

Dario Pesaturo – 0423 576 799



VICKIE CHAPMAN
MEMBER FOR BRAGG



SUPERIOR
TILING

Joe Ross
PO Box 688 Magill
South Australia 5072
T: 0404 991 589
E: superior_tiling@bigpond.com

We are continually seeking new Business Partners and would appreciate any contacts you may have. **Contact: Rob Costanzo 408 806 445**